



You are not alone.
We support you!

Ninshin SOS Tochigi (Pregnancy Crisis Hotline)

**Unplanned pregnancy?
Don't know what to do?**

You are not alone. Please contact us !

"I think my birth control failed."

"What are my options for abortion?"

"I can't take care of a baby."

Email us ✉ (24/7)

**ninshin-sos-
tochigi.com**



Call us ☎ (Tues & Sat)

050-5526-4662

Tuesday, Thursday & Saturday
18:00~21:00

Consultation is free.

We will respect your privacy.

Operated by Tochigi Midwives Association
(Commissioned by Tochigi Prefecture)

Our Instagram

